



NAVY RESERVE MEDICINE

NOVEMBER 2020, VOL. 1, ISSUE 7

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ASN AND CNP VISIT TO FORT MCCOY NAVY RC/AC COVID-19 MEDICAL SUPPORT ON 27 OCTOBER 2020

On Tuesday, October 27, 2020, the Assistant Secretary of the Navy (ASN), Honorable Catherine Kessmeier and Chief of Navy Personnel (CNP), Vice Admiral John B. Nowell, Jr. and other dignitaries visited the United States Navy medical detachment from NMRTC Great Lakes, serving at Fort McCoy, WI Army installation Recruit Restriction of Movement (ROM) Mission.



CNP chats with LCDR Stapleton (AOIC; right) and CDR Onamade (OIC; middle) while LT Waterman (CNP Aide; left) takes notes, 27OCT20.

This detachment consists of Reserve component (RC) on mobilization orders, and active duty component (AC) on TAD, all of whom volunteered to support the COVID-19 ROM Mission at Fort McCoy, WI. The Recruits are housed in barracks at the Fort McCoy Army installation.

During their visit, the ASN and CNP conducted a tour of the headquarters building of the medical detachment. The dignitaries were briefed on medical operations which include: the provision of acute medical care, contact tracing and COVID-19 surveillance, support in the areas of COVID-19 testing, Health and Comfort Rounds for regular ROM barracks and Isolation and Quarantine barracks. Since inception, the medical team has completed over seven thousand COVID-19 tests on Recruits at Great Lakes. There has been only a 2% positivity rate, and over 90% of Recruits commence Boot Camp within two weeks at RTC Great Lakes.

The Secretary of Defense in response to the COVID-19 global pandemic, directed all military personnel to complete a 14-day (ROM) after relocation to protect units from the spread of the COVID-19 virus. Prior to August 2020, all Navy Recruits reporting to RTC Great Lakes completed their ROM at a number of hotels in the greater Chicago area. On the 24th of August 2020, the ROM mission was transitioned to a

(Continued on page 2)

M10 STAFF

CAPT Eric Lubeck, Director
(703) 681-9178
Eric.h.lubeck.mil@mail.mil
CDR Melissa Oldham, Deputy Dir.
(703) 681-9592
Carol.m.oldham.mil@mail.mil
HMCS Derek Sheppard, SEL
(703) 681-7202
Derek.w.sheppard.mil@mail.mil
CDR Randall Hodo, Strategic Plans & Operations (703) 681-9507
Randall.g.hodo2.mil@mail.mil
Mr. Jim Clearwood, Finance
(703) 681-9213
James.m.clearwood.civ@mail.mil
LCDR Ghjuanna Bates, Education & Training (703) 681-5572
Ghjuanna.k.bates.mil@mail.mil
HM1 Abdessamad El Gbouri
Education and Training
(703) 681-5517
Abdessamad.elgbouri.mil@mail.mil
LCDR Shannon Gangler, IRT Program
(703) 681-9129
Shannon.a.gangler.mil@mail.mil
LCDR Heidi Forrest
Personnel
Heidi.c.forrest.mil@mail.mil
LT Glenda Palomino
Manpower (703) 681-6806
Glenda.m.palominonuflo.mil@mail.mil
HMC Nerwin Sevilleja, Manpower
(703) 681-5539
Nerwin.a.sevilleja.mil@mail.mil
LT Rodrick Womack, Mobilizations
(703) 681-5517
Rodrick.t.womack.mil@mail.mil
LT Gabriel Thompson, Administration
(703) 681-9212
Gabriel.k.thompson2.mil@mail.mil
HMC Vernaye Taggart,
Administration (703) 681-9211
Vernaye.c.taggart.mil@mail.mil
YN1 Noah Jaques, Administration
(703) 681-9410
Noah.c.jaques.mil@mail.mil





ASN and CNP Visit to Fort McCoy (continued)

single location at the Fort McCoy Army Installation at Fort McCoy, WI.



Group photo with CNP, ASN, Dignitaries, and medical team, 27OCT20.

Other dignitaries with the ASN and CNP are RADM Pete Garvin, CNETC; RDML Milton Sands, CNSTC; Mr. Mark Romano, AGC to ASN; CAPT Erik Thors, CO RTC; CAPT Andrew Schreiner, Military Aide to ASN; LT Matthew Waterman, Aide to CNP; MCPON Russel Smith, FLTCM Koshoffer, CNP; CMDCM Mengel, NSTC; CMDCM Wallace, RTC.

The visit by the ASN and the CNP was to thank the sailors and the medical personnel for their hard work towards keeping the line of accession to the Navy alive and well.

The excerpt from the CNP's message can be found in the link below:

<https://www.facebook.com/MyNAVYHR/videos/363872711601382/?vh=e&d=w>

Submitted by CDR Wale Onamade, OIC, RTC Great Lakes Mission

Operations

CDR Hodo/LT Womack

MOBILIZATIONS

There are URGENT Mobilization Opportunities to GTMO in April for the following specialties:

Lab Tech
Med Log Administration (1802)
Psych Tech
Physical Therapy Tech
Physical Therapist
ICU Nurses

Enlisted personnel, must ensure that EAOS is May 2022 or later.

Innovative Readiness Training (IRT) Program

LCDR Gangler

The Kodiak Island Arctic Care and the Operation Healthy Delta Initial Planning Meetings (IPM) were both completed successfully in-person and virtually this month. NMRTC San Diego attended a three-day meeting with the Air Force, Air National Guard, Army Reserve, USMC Reserve, and the Army National Guard, carrying out the first virtual IPM of the IRT season. NMRTC



Operation Healthy Delta site survey, November 2020

Jacksonville attended the Operation Healthy Delta IPM in person and virtually and

conducted site surveys in Miner and Caruthersville, Missouri, and Metropolis, Illinois. The Joint services team safely worked with community partners to prioritize community needs, identify site locations for medical, optometry, and dental care, and begin planning logistical requirements for the IRTs planned for later this year. Meetings are expected to continue as a mix of both virtual and in-person, depending on location of the IRT meeting.

The remaining FY21 IRT IPMs are as follows:

EMF Great Lakes- East Central Georgia IPM 30 Nov-4 Dec (on-site)

NMRTC Portsmouth- Operation Gateway IPM 7-11 Dec (virtual)

MANPOWER

LT Palomino/HMC Sevilleja

FY-21 APPLY Board

- Dreamsheets Phase closed on 2 November 2020.
- All Senior Officers with PRDs of 30-Nov-2020 have been extended in their current billets until 28-Feb-2021 in order to maintain continuity of assignment until the FY-21 APPLY board orders are written.

Senior Enlisted Update

HMCS Sheppard

Congratulations to all CHIEF SELECTS on your selection to join the greatest fraternity:

EMF Bethesda

Bloomer, James
Betts, John
Flores, Michael
Keaton, James
Mojica, Brian

EMF Camp Pendleton

Alcocer, Xiaolong



Armenta, Erika
Johnson, Bryan
Ordonez, Lajara

EMF Great Lakes

Lombardo, Jose
Colin, Jorge

EMF Jacksonville

Carroll, Josh
Blevins, Heather

MerKwan, Kara

OHSU Bremerton

Bruderer, Jeff
Nelson, Mark
Sauro, Christopher
Taylor, Shaloma
Trujillo, Jennifer
Gibson, Daniel

OHSU Pensacola

Garcia, Scott
Dixon, Richard

OHSU San Diego

Hamel, Jen
Spees, Canda
Pippins, Rashanta
Tran, Rupland
Soto, Charlie
Holland, Kim
Sargent, Vici

From the RAOs...

CAPT Marley/CAPT Blaustein
CAPT Ormsbee/CAPT Morgan

APPLY FY21

The FY21 Apply Board dream sheet window is now closed. Now is the time to consider whether you should write a Letter to the Board.

Keeping up with administrative requirements in the Navy may just be the toughest job each Sailor has. In a perfect world, every Sailor is keeping multiple copies of their awards, FITREPs, qualifications, degrees and is checking his/her record regularly to ensure that everything is being correctly documented, and if not, is taking immediate action to rectify the situation.

In reality, many Sailors will wait until they find out they are selection board or APPLY board

eligible. Then they will submit a package to the board with 150 documents and will spend the next three months trying to contact previous Commands to get copies of FITREPs that never made it into their record.

Having an incomplete record is a sure way to ensure you are not selected. If you cannot take care of yourself, how can the board trust you to take care of your Sailors? Here are a few tips to ensure your record is ready for the APPLY Board:

FITREP Continuity

The first thing you want to do is make sure that you do not have any missing FITREPs in your record. There is a very easy way to do this:

1. Using your CAC, log onto <https://www.bol.navy.mil/>
2. From the center menu click CCA/FITREP/EVAL Reports
3. Under Reports click the highlighted Performance Evaluation Continuity Report
4. Scroll to the bottom. Under Missing Periods you will see any evaluation gaps you have. Even if you don't appear to have any gaps, go line by line through the report, just to verify. If you do have gaps and do not know the location of a Reporting Senior, or need other assistance in resolving these missing periods, contact the Navy Personnel Command Service Center at 1-866-U-ASK-NPC.

OMPF

1. Using your CAC, log onto <https://www.bol.navy.mil/>
 2. From the center menu click on your OMPF.
- This is your record. The board will see everything in field codes 30 through 38. This includes history of assignments, administrative remarks, DD-214s, miscellaneous professional service history, FITREPs, training and education,

decorations and awards and all adverse information. Make sure your FITREPs are readable, they reflect the correct spelling of your name, and properly document PFA scores. While in BOL, go to the ODC, OSR, PSR' tab and open your OSR. The board will see OSR part I, II, and III. Review those so you know exactly what the board is seeing.

Letter to the Board

You've checked your record and one of two things happened: either everything was in there and you are good to go, or you have things you need to add or correct. If everything is good to go, you may still choose to send a letter to the board.

If there are things you need to have added to your record, you may choose to send them to the board, despite having taken measures to correct them. This will ensure the board sees them and considers them. If you have accomplished significant achievements since your last evaluation that you want the board to consider, then you will need to write a letter and submit a package.

You can find sample letters to the board by searching on the internet or on RFMT.

What to Include in Your Package

Please include any awards, degrees, qualifications, and achievements that are not yet in your record and that you would like the board to consider. It is critical to make sure your SSN is documented in the upper left corner of every page you submit. Do not be redundant! There is no reason to submit your history of assignments, your qualification sheet, your awards print out or anything else that can be found in your record. Your job is only to ensure your record is an accurate



reflection of your career, fix any discrepancies, and send the board a letter with significant information you want them to consider. ****Remember that just sending this information to the board is not going to get it updated in your record.****

How to Send Your Package

The preferred method for submission of a LTB is by encrypted email. Please see the information in this newsletter or on RFMT.

All correspondence to the board must be received no later than 2 December 2020. Submission methods are detailed in paragraph 5 below. Late correspondence will not be considered by the board.

Board correspondence can be submitted via one of the following methods:

1. Encrypted e-mail (preferred) to cscselboard@navy.mil. Subject line of email should read: "FY-21 Navy Reserve National Command and Senior Officer (O5/O6) Non-Command Billet Screening and Assignment (APPLY) Board (#391) ICO (Rank, First Name, Last Name, Designator)."
2. Standard (US Postal Service) mail (if encrypted e-mail is not available) to:
Navy Personnel Command
Customer Service Center
FY-21 Navy Reserve National Command and Senior Officer (O5/O6) Non-Command Billet Screening and Assignment (APPLY) Board (#391)
5720 Integrity Drive
Bldg 768, Room E302
Millington, TN 38055-9200
3. Overnight / Express Mail requiring signature:
Navy Personnel Command
Customer Service Center
FY-21 Navy Reserve National Command and Senior Officer

(O5/O6) Non-Command Billet Screening and Assignment (APPLY) Board (#391)
5640 Ticonderoga Loop
Millington, TN 38055-9200
4. Members may contact MyNavy Career Center to confirm receipt of their package and ask questions concerning supplemental/additional correspondence at 833-330-MNCC/833-330-6622, 901-874-MNCC/901-874-6622 or via e-mail at askmncc@navy.mil. Finally, if you have any questions, please contact your Specialty Leader, Senior Executive or Reserve Affairs Officers.

Education & Training

LCDR Bates/HM1 El Gbouri

Happy Thanksgiving to your family and you! We are grateful for your dedication towards ensuring education and training priorities are completed during such a time of monumental change. Although Coronavirus Disease (COVID-19) continues to impact how we operate, bolstering readiness is our goal. We are a readiness focused enterprise, and "survivability is our contribution to lethality!" See the requirements below, and links for more information on training:

- FY 21 Mandatory General Military Training requirements (e.g., Cyber Awareness Challenge, Counterintelligence Awareness and Reporting) are listed on the Navy Personnel Command page for your awareness and compliance. Check out the link:
<https://www.public.navy.mil/bupers-npc/reference/messages/Documents/NAVADMINs/NAV20>

[20/NAV20240.txt](#) for additional information and guidance.

- Phased Trauma Training Requirements (e.g., Tactical Combat Casualty Care (TCCC), Basic Life Support (BLS), and Advanced Trauma Life Support (ATLS) are medical readiness trainings and skills that must be maintained as determined by your billet. Be sure to work with your Command's leaders (Manpower, Operations and Training Officers, Specialty Leaders, SELs and other SMEs) if unsure of the manpower requirements for the billet you hold.
- For a list of FY 21 approved virtual courses, please visit CNRFC's N7 Page on the Navy Reserve Homeport Site at:
<https://private.navyreserve.navy.mil/cnrfc/N-Codes/N7/SiteAssets/Pages/Home/CNRFC%20N7%20ONLINE%20VIRTUAL%20COURSES.pdf>, and request ADT-CME funding via the FY2021 ADT/AT Request form.

Have a Happy Thanksgiving Shipmates!

IT Corner

Have you downloaded the MyNavy UNIFORMS app at applocker.navy.mil? The MyNavy UNIFORMS app now includes important links concerning COVID-19. Just a reminder: the app offers NAVADMINs, policy updates, FAQs, and illustrations on Navy uniforms from many Department of the Navy resources all on one app! Download today, and share the good news!

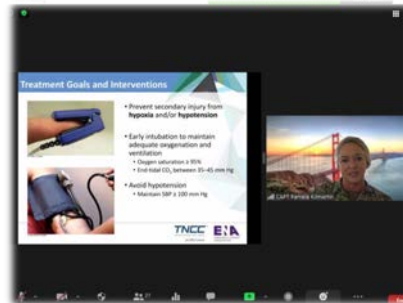


NR NMFSC DEVELOPS TNCC IN A VIRTUAL FORMAT DUE TO COVID -19

The COVID-19 pandemic of 2020 brought many challenges which compromised our ability to ensure mission requirements were met. The challenges of travel restrictions and social distancing negatively impacted the ability of Navy Reserve Naval Medical Forces Support Command (NR NMFSC) to execute its mission in providing professional, occupational, education and billet-based training. The command was forced to either reduce or cancel a number of courses in the Spring and Summer of FY20. These setbacks, however, did not change the necessity of training our medical forces to maintain deployment readiness. Thanks to the proactive endeavors of NR NMFSC staff and their collaboration with the Emergency Nurse Association (ENA), permission was granted to conduct Trauma Nursing Core Course (TNCC) virtually. NR NMFSC took this challenge head-on by successfully completing three courses in June, August and September.

TNCC training is based on the best emergency care practices with the goal of providing the best nursing care for patients subjected to trauma and providing nurses with the essential skills to systematically identify trauma injury and provide patient care. TNCC is required training for the several Nurse Corps subspecialties; ER (1945), PREOP (1950), ICU (1960) and CNRA (1972), in which a registered nurse (RN) must successfully pass an online examination and participate in a practicum scenario. The Officer receives a card verifying the successful

completion of the TNCC provider course along with a certificate for 14 contact hours. The verification remains current for four years.



CAPT Kilmartin instructs TNCC students virtually

CAPT Pamela Kilmartin and LCDR Caroline Collins led NR NMFSC's efforts in developing a virtual TNCC format by gathering practical applications from ENA's webinars for virtual courses and by following recommendations from experienced reserve instructors and NMFSC staff. What started out as a small, stop gap endeavor, grew into a global class including students from Kandahar, Afghanistan, Hawaii and Guam. CDR Jon Johnson and LCDR Courtney Walker prepared and implemented the first groundbreaking class in which thirteen Reserve instructors provided training to thirty-one SELRES and mobilized Reservists from across the country. The completion of the three TNCC courses was a resounding success with the participation of 60 students achieving a 98.3% pass rate and an estimated cost savings of \$244,986 to the Navy. The new virtual format, while considerably different compared to traditional delivery, proved to be a successful alternative and allowed Nurse Corps Officers the ability to maintain their specialty requirements and continue to be ready to serve and support the warfighter.

Submitted by CDR Michael Bay, PAO, NR NMFSC

BUMED (M10) & Regional Functional Area Emails

BUMED (M10) Admin:

usn.ncr.bumedfchva.mbx.m10-admin@mail.mil

BUMED (M10) Manpower Reserve:

usn.ncr.bumedfchva.mbx.manpower-reserve@mail.mil

BUMED (M10) Education Training:

usn.ncr.bumedfchva.mbx.bumed---m10-education-training@mail.mil

NMFL OSO:

usn.hampton-roads.navmedeastporsva.list.nme-oso@mail.mil

NMFP OSO:

usn.san-diego.navmedwestsanca.mbx.oso@mail.mil

NMFSC OSO:

richard.v.espinosa.mil@mail.mil

NMRTC BETHESDA OSO:

dha.bethesda.j-11.mbx.nmrtc-oso@mail.mil

Because You Asked...

When will my ADT orders be fund approved? Due to the current Continuing Resolution, orders will not be fund approved until 7-10 prior to the start date of orders.

The Continuing Resolution allows Federal agencies to continue operating at the previous year's funding levels until 11 December 2020. After this, either a new Continuing Resolution must be passed or a FY21 federal budget must be signed into law.



Finance

Mr. Clearwood

COVID Travel Restrictions: The Navy continues to maintain a conditions based approach to travel. In addition to the below guidance, all members must contact their destination command prior to travel in order to determine the local HPCON status and any local COVID-19 based requirements. Mission essential (ME) travel determinations are based on the DON COVID-19 Travel Tracker (<https://www.mnp.navy.mil/group/don-covid-19-travel-tracker>). The Travel Tracker is updated frequently, with status changes occurring with the prevalence of COVID-19 in any given area, and the HPCON of given Navy and DOD installations. As a result of the fluid nature of these determinations, NROWS orders requests will obtain final fund approval no earlier than 7-10 days prior to the start date on the request. – **Units and unit members should continue to complete and route NROWS orders requests early in the process, but should understand that orders may await fund approval.**

- Local AT/ADT (not requiring travel/per-diem) is authorized provided the receiving command can support.
- Orders or drills involving travel (AT, ADT, IDTT) require COVID-19 status evaluation prior to execution of travel. The Navy's evaluation site is located at:
<https://www.mnp.navy.mil/group/don-covid-19-travel-tracker>
- Members who reside within 50 miles of a DOD site listed under "Factor 2" must use both Factor 1 and Factor 2 for evaluation of travel. Those who do not reside within 50 miles of a listed facility will only utilize Factor 1. – **If you do reside within 50 miles of a DOD listed site, please indicate this within the NROWS orders request and list the name of the site. This will make the process of determining the HPCON and ME travel determinations much quicker.**
- Travel will be evaluated for both departure and arrival location. If either Factor 1 or Factor 2 is "red," then the overall location is "red."
- Members travelling from a "green" location to another "green" location may do so without restriction. No ME determination to travel is required.
- If either travel location is "red," then members require a ME determination by the first O6/GS-15 on the staff of the supported command. OSOs will facilitate ME determination.
- If location status changes while member is on orders, no modification of orders is necessary. Orders may not, however, be modified and extended without mission essential approval, if a location changes to 'red'.
- In-person drills/drill weekends may resume based on local HPCON conditions and in keeping with the guidance delineated in ALNAVRESFOR 013/20. Members shall inquire directly with their NRA for DWE guidance. If travel/berthing are required, then the travel guidance above must be adhered to.
- For short fused orders, OSOs must ensure that the ME tracker is updated prior to member submitting NROWS orders to avoid NRA cancellation.